# Prenatal Record

## Gynecological History

- **Menarche**: [ ] Regular, [ ] Irregular
- **Duration**: Days
- **If negative, describe positive history**

## Medical History

- **HEENT**: [ ] Cardiovascular
- **Respiratory/TB/Asthma**: [ ] GI/Hepatitis
- **GU**: [ ] Metabolic/Thyroid
- **Neuro**: [ ] Coagulation Disorders
- **Psych/Depression**: [ ] Musculoskeletal
- **Skin Disorders**: [ ] Other Disease/Dx
- **Operations**: [ ] Transfusions
- **Allergies/Latex/Iodine**: [ ] Sexual Abuse/Violence

## Other History - Note if mother or father of baby

- **Diabetes**: [ ] Congenital Anom
- **Hypertension**: [ ] Other Family Hx

## Previous Pregnancies

<table>
<thead>
<tr>
<th>No.</th>
<th>Date</th>
<th>Length (Wks)</th>
<th>Labor (Hrs)</th>
<th>Type Delivery</th>
<th>Anes.</th>
<th>Sex</th>
<th>Weight</th>
<th>Where Delivered</th>
<th>Complications-AP, IP, PP, Neonatal</th>
<th>Outcome/Name</th>
</tr>
</thead>
</table>

## Present Pregnancy History

- **LMP**: [ ] Norm, [ ] Abnorm
- **MNMP**:
- **EDD**: Best Estimate EDD
- **Planned Pregnancy/OK?**: [ ] Father Supportive?

## Physical Examination

- **Date**: Date
- **Height**: [ ] BMI
- **Weight**: [ ] BP
- **HR**: 
- **Heent**: [ ] Neck
- **Lungs**: [ ] Breasts
- **Heart**: [ ] Abdomen
- **Neuro**: [ ] Extremities/Skin
- **Teeth/Oral Health**: [ ] Pelvic Examination

## Pelvic Examination

- **Date**: Date
- **Ext. Genitalia**: [ ] Vagina/Cervix
- **Uterus-Size**: [ ] Adnexa
- **Clinical Pelvimetry**: [ ] Hemorrhoids
- **Provider Signature**: [ ]
### PREGNANCY DATING

<table>
<thead>
<tr>
<th>DATE</th>
<th>WKS</th>
<th>EDD/EPW</th>
<th>PLACENTAL LOCATION</th>
<th>OTHER</th>
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<tbody>
<tr>
<td>OVI/CONCEP</td>
<td></td>
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<tr>
<td>FIRST EXAM</td>
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<tr>
<td>FHT DOPPLER</td>
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<tr>
<td>FM</td>
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<tr>
<td>ULTRASOUND</td>
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</tbody>
</table>

### PROBLEMS AND RISK FACTORS

| OVU/CONCEP |     |         |                    |       |
| FIRST EXAM  |     |         |                    |       |
| FHT DOPPLER  |     |         |                    |       |
| FM |     |         |                    |       |
| ULTRASOUND |     |         |                    |       |

### ANTICIPATORY GUIDANCE

#### FIRST TRIMESTER
- CLINIC PROCEDURES/OUTLINE PREGNATAL CARE
- HIV COUNSELING/TESTING
- CF SCREENING
- NUTRITION
- FISH
- VITAMINS/MINERALS
- DENTAL/VISION CARE
- WEIGHT GAIN/BMI
- SEAT BELTS
- EXERCISE
- PRENATAL DIAGNOSIS/GENETICS REFERRAL
- HAZARDS: HOT TUBS/SAUNAS, CATS
- LISTERIA (RAW MEAT, SLICED DELI MEAT, UNPASTEURIZED DAIRY, FRESH CHEESE)
- DISCOMFORTS/RELIEF MEASURES
- WARNING SIGNS: BLEEDING, CRAMPS, ABDOMINAL PAINS, DYSPHORIA, ETC.
- TRANSFUSION DISCUSSED
- BROCHURES
- DOMESTIC VIOLENCE
- ALCOHOL/DRUGS/TOBACCO

#### SECOND TRIMESTER
- FETAL DEVELOPMENT/QUICKENING
- FAMILY/FATHER/SIBLINGS
- HOSPITAL PRE-ADMISSION/TOUR?
- TUBAL LIGATION
- BENEFITS OF BREASTFEEDING
- CORD BLOOD BANKING
- EXERCISES/BODY MECHANICS
- WARNING SIGNS: SRM, BLEEDING, PRETERM LABOR
- BROCHURES
- PRENATAL CLASSES
- SUPPORT PERSON
- BIRTH PLANS/OPTIONS
- SEXUALITY
- DOMESTIC VIOLENCE
- ALCOHOL/DRUGS/TOBACCO
- PEDIATRICIAN
- CIRCUMCISION
- BREAST OR BOTTLE

#### THIRD TRIMESTER
- DISCOMFORTS/RELIEF MEASURES
- WARNING SIGNS
- FETAL ACTIVITY MONITORING
- LABOR SIGNS: WHEN AND HOW TO CALL
- TRAVEL RESTRICTIONS
- LABOR & DELIVERY ROUTINE
- ELECTRONIC FETAL MONITORING
- ANESTHESIA/ANALGESIA
- EPISIOTOMY/PERINEAL INTEGRITY
- LABOR & DELIVERY COMPLICATIONS/OPERATIVE DELIVERY/VBAC
- STERILIZATION - DATE TUBAL FORM SIGNED
- BREAST CARE/LACTATION SUPPORT/REFERRAL
- CONTRACEPTION
- CAR SEAT
- INFANT SLEEP POSITION
- DISCUSS POST-TERM MANAGEMENT
- EARLY DISCHARGE/HELP AT HOME
- DOMESTIC VIOLENCE
- ALCOHOL/DRUGS/TOBACCO
- SECONDHAND SMOKE
- DEPRESSION/PP MOOD DISORDER ASSESSMENT

### DATE

- PREGNATAL VITAMINS?
- RHOGAM
- FLU VACCINE
- TDAP

### MEDICATIONS

### PROGRESS NOTES

- DRUG ALLERGIES/REACTIONS
  - NKA
- DIETARY RESTRICTIONS/INTOLERANCES
- PATIENT NAME

(Continued on page 4)
## Laboratory Data

### Antibody Screen
- Type: Rh
- Rubella Serology
- HBsAg
- HIV
- RPR/VDRL

### Other
- Rh of Baby's Father
- PAP Date

### Screen
- CF Screensickles
- PPD/Tine

### Prenatal Tests

#### Biochemicals
- HCT
- FBS @ 1 HR
- 2 HR
- 3 HR

#### Other
- Urine Cultures
- Chlamydia
- GC
- HSV
- GBS

#### Additional Information
- Diabetes Screen
- Antiretroviral
- HbA1c
- Fetal Surveillance

### Graph
- Weight and Fundal Height Graph

### Collecting Information
- Birth Information
  - Patient No.
  - Address
  - Phone
- Other
  - Address
  - Phone

### Additional Information
- Medical History
  - Family History
  - Past Medical History
  - Present Illness

### Medical Notes
- Copy sent

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**LABORATORY DATA**

<table>
<thead>
<tr>
<th>TYPE RH</th>
<th>RUBELLA</th>
<th>SEROLOGY</th>
<th>HBsAg</th>
<th>HIV</th>
<th>POS</th>
<th>URINE</th>
<th>DIABETIC SCREEN</th>
<th>FUNDAL HEIGHT</th>
<th>SICKLE PREP</th>
<th>CF SCREEN</th>
<th>PPD/TINE</th>
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**WEIGHT AND FUNDAL HEIGHT GRAPH**

| DATE | WEEKS GESTATION | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 |
|------|----------------|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
|      | FUNDAL HEIGHT  | CM | 20| 25| 30| 35| 40| 50| 10#| 20#| 30#| 40#| 50#|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|      | WEIGHT         |    | 10#| 20#| 30#| 40#| 50#|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |

**Prenatal Visits**

| WEEKS GESTATION | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 |
|----------------|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| FUTURE PARAMETERS TO CHECK | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

**See Note (✓)**

**Return Weeks**

**Initials**

**Patient No.**

**Hospital**

**Patient Name**

**D.O.B.**

**COPY SENT**

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## Patient Profile

- Age > 34 or pregnancy within 2 years of menarche
- Occupation and avocation
- Drug abuse or addiction
  - Alcohol
  - Smoking
  - Cocaine/methamphetamine/heroin
  - Marijuana
  - Narcotics/sedatives/hypnotics
  - Salicylates and other PGSI's
- Other
- Low socioeconomic status/welfare
- Education < 9th grade
- Crowded living conditions
- Domestic violence
- Non-US origin/recent foreign travel
- Body habitus
  - Small stature (< 5 feet tall)
  - Obese (> 50# over ideal weight for height)
  - Underweight (< 20# under ideal weight for height)
- Maternal birthweight (low birthweight or large for dates)
- Partner
  - Medical disorders
  - Drug, smoking, or alcohol abuse
  - Occupation, avocation, hobbies
  - STD (herpes, urethritis)
- HIV risk factors

## Gynecological History

- Uterine and cervical abnormalities
  - Past uterine surgery (non-caesarean)
  - Uterine anomalies (congenital anomalies, des stigma, myoma)
- Cervical lacerations or conizations
- Menstrual history and gestational dating
  - Irregular menses or oligomenorrhea
  - Oral contraceptive use prior to conception

## Medical History

- Anemia (Hgb < 9.5 or Hct < 30)
- Hx of eating disorder
- Heart disease (symptomatic or asymptomatic)
- Thromboembolism (during previous pregnancy or prior to current pregnancy)
- Anticoagulant use
- Chronic hypertension (BP > 140/90 at first prenatal visit)
- Asthma or other chronic lung disease
- Seizure disorder (with or without anticonvulsant use)
- Diabetes mellitus (gestational or pregestational)
- Hepatitis
- HIV risk factors
- Chronic renal disease (BUN > 20, creatinine > 1.2 at first prenatal visit)
- Pyelonephritis

## Obstetrical Factors

- Parity
  - Primigravida
  - Grand multipara (> 6)
- Past pregnancies
  - Recurrent pregnancy loss (> 3)
  - Premature birth (< 37 weeks)
  - Premature rupture of membranes
  - Low birth weight infant (birth weight < 10th percentile for dates)
  - Large for dates infant (birth weight > 90th percentile for dates)
  - Fetal or neonatal death
  - Congenital anomalies
- Hx of previous infant w/GBS infection
- Surviving neurologically impaired infant
- Cervical incompetence
- Midforcep or difficult delivery (e.g., shoulder dystocia)
- Abnormal labor (arrest or protraction disorder of first or second stage)
- Antepartum hemorrhage (placental abruption, placenta previa)
- Bleeding prior to 20 weeks
- Rh isoimmunization
- Pregnancy-induced hypertension
- Cesarean delivery (low transverse, low vertical, classical, unknown)
- Interval from last delivery < 12 months
- Anesthesia intolerance or reactions
- PP depression

## Present Pregnancy

- Emotional stress
- Poor compliance
- Late registration for care
- Uncertain dates
- Failure to gain weight (< 1/2# per week after 12 weeks)
- Excessive weight gain (> 2# per week after 12 weeks)
- Bleeding prior to 20 weeks
- Placental abruption
- Placenta previa
- Other placental abnormalities (marginal cord insertion)
- Other vaginal bleeding
- Premature rupture of membranes
  - Polyhydramnios or oligohydramnios
- Threatened premature labor
- GBS positive culture/GBS bacteriuria

## Patient Name